High-dose enzyme replacement therapy in murine Hurler syndrome

Li Oua,b,e, Tyler Herzogc,e, Brenda L. Konia,d,e, Roland Guntherd,e, Chester B. Whitleyb,e,

1. Introduction

Mucopolysaccharidosis type I (MPS I) is an autosomal recessive disease that is systemic, including progressive neurodegeneration, mental retardation and death before the age of 10 years. MPS I results from deficiency of α-L-iduronidase (IDUA) in lysosomes and subsequent accumulation of glycosaminoglycans (GAG). Clinical enzyme replacement therapy (ERT) with intravenous laronidase reverses some aspects of MPS I disease (e.g., hepatomegaly, splenomegaly, glycosaminoglycanuria) and ameliorates others (e.g., pulmonary function, cardiac disease, arthropathy, exercise tolerance). However, neurologic benefits are thought to be negligible because the blood–brain barrier (BBB) blocks enzyme from reaching the central nervous system (CNS). We considered the possibility that a very high dose of intravenous laronidase might be able to traverse the BBB in small quantities, and provide some metabolic correction in the brain. To address this question, high-dose laronidase was administered (11.6 mg/kg, once per week, 4 weeks) to adult MPS I mice. IDUA enzyme activity in the cortex of treated mice increased to 97% of that in wild type mice (p < 0.01). GAG levels in cortex were reduced by 63% of that from untreated MPS I mice (p < 0.05). Further, immunohistochemical analysis showed that treatment reduced secondary GM3-ganglioside accumulation in treated MPS I mice. Water T–maze tests showed that the learning abnormality in MPS I mice was reduced (p < 0.0001). In summary, repeated, high-dose ERT facilitated laronidase transit across the BBB, reduced GAG accumulation within the CNS, and rescued cognitive impairment.

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Abbreviations: ERT, enzyme replacement therapy; BBB, blood–brain-barrier; IDUA, α-L-iduronidase; MPS, mucopolysaccharidosis.

Corresponding author at: Gene Therapy, 13-146 PWB, 516 Delaware St SE, Minneapolis, MN 55455, USA. Fax: +1 612 624 2682.
E-mail address: whitley@umn.edu (C.B. Whitley).

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2. Material and methods

2.1. MPS I mice and laronidase administration

A colony of MPS I knockout mice has been established at the University of Minnesota for more than a decade from founders that were the kind gift from Dr. Elizabeth Neufeld, UCLA. The mice were generated in her laboratory by insertion of the neomycin resistance gene into exon 6 of the 14-exon IDUA gene on the C57BL/6 background. MPS I mice (\textit{idua}−/−) and heterozygotes (\textit{idua}+/−) were genotyped by PCR. Aldurazyme® (BioMarin) brand of laronidase was concentrated by centrifugation in Amicon Ultra Centrifugal Filters (Millipore) to a final concentration of ~1.2 mg/mL or 11.6 mg/mL. The preparations were diluted in 120 μL phosphate buffered saline (PBS), and injected over 10–15 s by the tail vein at the dose regimens detailed in the Results section. All mouse care and handling procedures were in compliance with the rules of the Institutional Animal Care and Use Committee (IACUC) of the University of Minnesota.

2.2. IDUA enzyme assay

IDUA activity was determined by a fluorometric assay using 4-methylumbelliferyl α-L-iduronide (4-MU iduronide, Glycosynth #44076) as the substrate. 4-MU iduronide was diluted with sodium α-L-iduronide (4-MU iduronide, Glycosynth #CX27439) with the ratio of 3 (Pro K):1 (sample), incubated at 55 °C for 20 min, and 200 μL aliquots of 4-MU substrate (180 μM) were mixed with 25 μL aliquots of tissue homogenates. The mixture was incubated at 37 °C for 30 min, and 200 μL glycine carbonate buffer (pH 10.4) was added to quench the reaction. IDUA catalyzed the cleavage of the non-fluorescent substrate (4-MU iduronide) into a fluorescent product (4-MU). 4-Methylumbelliferone (4-MU, Sigma #M1381) was used to make the standard curve. The resulting fluorescence was measured using a Bio-Tek plate reader with excitation at 355 nm and emission at 460 nm. IDUA enzyme activity was expressed in units (nmol converted to product per hour) per mg protein as determined with a Pierce protein assay kit (Fisher #PI22662). All reactions were run in triplicate.

2.3. Tissue GAG assay

Tissue GAG assays were conducted as described previously [16]. The supernatants of tissue homogenates were treated by Proteinase K (NEB #OX72439) with the ratio of 3 (Pro K):1 (sample), incubated at 55 °C for 24 h, and boiled for 10 min to inactivate the enzyme. Then, samples were incubated with 250 U DNase (Sigma #D4527-10KU) and 2.5 μg RNase (Sigma #R0513-10MG) at room temperature for 24 h. After boiling for 10 min to inactivate the enzymes, GAG concentration was determined by the Blyscan Sulfated Glycosaminoglycan Assay (Biocolor Inc.). Results were expressed as μg GAG/mg protein.

2.4. Water T-maze test

Water T-maze test was conducted as described previously [17]. Four days after the third injection, mice from all three groups were subjected to water T-maze testing which assessed the learning ability of mice. A pool was filled approximately 10 cm deep with water (room temperature) mixed with non-toxic white acrylic paint in order to prevent visual detection of submerged objects. A “T” shape maze was set in the water, and a platform, at the end of the left (or right) arm, was submerged 0.5–1 cm below the surface of the water. In run #1, a barrier was placed across one arm. Mice were released at the base of the “T”, forced to swim to the top, and choose either the left or right arm to locate the platform. Then, in run #2, the barrier was removed and the platform was placed at the end of the other arm. The correct choice was the alternate arm from where the platform was placed in run #1. Each mouse performed 8 trials per day for 8 days.

2.5. Immunohistochemistry

Immunohistochemistry was conducted as described previously [18]. Mice were perfused with 20 mL 0.01 M PBS and sacrificed. The brain was removed, fixed overnight in paraformaldehyde and cryopreserved in 30% sucrose. Then, the brain was frozen on dry ice and sectioned coronally. After washing, free-floating sections were blocked with PBS containing 5% normal goat serum and 0.3% Triton X-100. Primary antibody against GM3-ganglioside (1:50, Abcam) was added and the sections were incubated at 4 °C overnight. After washing, sections were incubated with goat-anti mouse IgM (Antibodies-online) and DAPI (Sigma) at room temperature for 1 h. After mounting on the slides, sections were examined with a microscope (Zeiss).

2.6. Enzyme-linked immnosorbent assay (ELISA)

ELISA was conducted as described previously [19]. Aldurazyme (BioMarin Pharmaceutical) was diluted with Tris-buffered saline (pH = 7.4) to a final concentration of 4 μg/mL. In a 96-well microplate, 50 μL diluted Aldurazyme was incubated at 4 °C overnight. After washing and blocking with Tris-buffered saline containing 1% BSA at room temperature for 2 h, 100 μL serum (1:50 dilutions) was incubated at room temperature for 1 h. After washing, the wells were incubated with 100 μL anti-mouse IgG alkaline phosphatase conjugate (Abcam #97027) at room temperature for 1 h. After washing, the wells were incubated with 200 μL of 1 mg/mL p-nitrophenyl phosphate chromogenic substrate (Sigma #P7998-100ML) at room temperature for 1 h. Then, 50 μL EDTA (0.1 M, pH 9.0) was added to stop the reaction. Absorbance at 405 nm was quantified by using a Bio-Tek plate reader.

2.7. Statistical analysis

Data are represented as mean ± standard error. For evaluation of differences between samples, Tukey test for comparisons between paired samples and one-way or two-way analysis of variance (ANOVA) for comparisons between three or more samples were applied. Statistical significant level was set at p < 0.05. Data analysis was conducted with SAS 9.3.

3. Results

3.1. Biodistribution of IDUA after single high-dose ERT

An initial experiment was designed to determine the potential effects of high-dose ERT on the transit of laronidase across the BBB. A single injection of 0.58 mg/kg (0.7 × 10⁴ pmol/kg, clinical standard dose) or ~1.2 mg/kg (1.4 × 10⁴ pmol/kg, approximately 2 fold the standard dose) laronidase (Aldurazyme) was intravenously administered to adult MPS I mice (\textit{idua}−/−, 10 to 20 weeks old, n = 6 for high-dose group, n = 7 for normal-dose group) by the tail vein. Age-matched untreated MPS I mice (n = 7) and heterozygotes (\textit{idua}+/−, n = 6) were included as controls. It has been shown that the plasma half-life of infused IDUA in dogs is approximately 20 min [20]. Although there might be a difference in plasma half-life between dogs and mice, we presumed that 2 h would be sufficient for infused IDUA to enter the tissues. Two hours after the injection, all mice were sacrificed, and multiple organs including brain cortex, cerebellum, heart, liver, lung and spleen were collected. IDUA enzyme activity in tissue homogenates was assessed by IDUA enzyme assay. In liver and spleen, which acquired the highest enzyme concentration, the IDUA enzyme activity in the high-dose group increased to 98-fold and 24-fold of that in wild-type mice, respectively (Fig. 1). In lung and heart, the IDUA enzyme activity in the high-dose group increased to 24-fold and 93% of that in wild-type activity, respectively. Moreover, IDUA enzyme activity in brain cortex of the high-dose group mice increased to 10.1% of that in wild-type mice. There was no significant increase in enzyme activity in cerebellum. In the normal-dose group, we also observed enzyme activity...
increases in heart, liver, lung and spleen. However, compared with untreated MPS I mice, no significant increase was observed in brain cortex or cerebellum of the normal-dose group. Also, no statistically significant age or gender effects were found in IDUA enzyme activity.

Serum was collected prior to sacrifice, and high IDUA enzyme activity was observed in treated MPS I mice: 110.6 ± 49.8 nmol/h/mL for the high dose group and 78.4 ± 25.3 nmol/h/mL for the normal dose group. IDUA enzyme activity in heterozygous and untreated MPS I mice was almost non-detectable. Although perfusion was conducted, there is still a possibility that the enzyme activity increase in brain cortex can be attributed to serum within brain capillaries.

### 3.2. Biodistribution of IDUA after repeated, high-dose ERT

Based on the results of the aforementioned single high-dose ERT and high-dose ERT studies on other lysosomal disease models, we designed a repeated ERT schedule with a 20-fold higher than the human therapeutic dose (~11.6 mg/kg body weight, 1.4 × 10⁵ pmol/kg). Adult MPS I mice (11.7 ± 2.7 weeks old, n = 12) received 4 injections of 20-fold dose IDUA once a week. Age-matched untreated MPS I mice (idua−/−, n = 11) and heterozygotes (idua−/+ , n = 11) were included as controls. All mice were sacrificed five days after the 4th injection, and multiple organs were collected.

An increase in enzyme activity was observed in heart (1.9-fold of wild-type activity), liver (95.1-fold of wild-type activity), lung (3.4-fold of wild-type activity) and spleen (21.5-fold of wild-type activity) (Figs. 2A, B). IDUA enzyme activity in brain cortex and cerebellum of treated MPS I mice increased to 97% and 1.2-fold of that in wild-type mice, respectively (Fig. 2A). Also, no statistically significant age or gender effects were found in IDUA enzyme activity. Serum was collected on D3, D10 and D26 (injection on D0, D7, D14, and D21). Since IDUA enzyme levels in serum of treated mice were undetectable (data not shown), the enzyme activity increase in cortex and cerebellum cannot be simply explained by the presence of blood in the capillaries of the brain.

### 3.3. Reduced tissue GAG accumulation after repeated, high-dose ERT

To determine the effect of repeated, high-dose ERT on GAG accumulation, GAG was quantified in tissue homogenates. Liver and spleen acquired the highest enzyme levels after injection, correspondingly, GAG accumulation was reduced the most in these two organs: by 92%, and 83%, respectively (Fig. 3B). Also, GAG accumulation in heart and lung was reduced by 76% and 87%, respectively (Figs. 3A, B). GAG accumulation in cortex was reduced by 63% (Fig. 3A). Also, no statistically significant age or gender effects were found in GAG accumulation.
To further validate the GAG accumulation reduction within the CNS, histochemical analysis was conducted. Secondary accumulation of GM3-ganglioside was apparent in the brains of untreated MPS I mice, visualized by positive immunofluorescence staining of punctate aggregates throughout most of the brain (including thalamus, hippocampus and nuclei septi). In contrast, only a few punctate aggregates were observed in the same regions of brains from treated MPS I mice (Fig. 4).

3.4. Cognitive improvements after repeated, high-dose ERT

Water T-maze tests were employed to evaluate learning behavior regardless of physical performance. Five days after the third injection, mice from all three groups were subjected to 8 trials of water T-maze tests per day for a duration of 8 days. For each mouse, the percentage of finding the platform correctly was recorded. On D0, mice from all three groups had a similar correct percentage (36 to 42%). However, the heterozygote (idua−/+) group improved significantly over the testing period, reaching a final level of 75%. Treated MPS I mice also improved significantly during the trials, reaching a final level of 67%. In contrast, untreated MPS I mice only improved modestly from 36% to 45%. Because this test assesses decision-making ability, swimming speed was not recorded nor evaluated. Also, the platform was under opaque water, and eye disease of MPS I mice is unlikely to be a confounding factor because corneal opacity is not detectable in the relatively young mice used in this series of experiments. There did not appear to be any physical defects in the MPS I mice that could have affected the results. Water T maze tests showed that learning abnormalities observed in MPS I mice were reduced significantly by repeated, high-dose ERT (Fig. 5, p < 0.0001). These results showed that by repeated, high-dose ERT, the CNS pathology in MPS I mice was functionally rescued.

3.5. Anti-IDUA immune response after repeated, high-dose ERT

Several previous studies showed that infused IDUA elicited a humoral immune response in patients and animal models [19,21]. Serum was collected from 12 mice of the three groups at different time-points and processed for ELISA. In treated MPS I mice, a significant increase in anti-IDUA antibody concentration was observed after the second injection (Fig. 6A). Also, right before sacrifice, serum was collected from 29 mice of the three groups and processed for ELISA. In treated MPS I mice, there were significant higher antibody levels compared with the other two groups (Fig. 6B).

Strong adverse infusion reactions (transient immobility or lethargy) were found in some treated mice after the second injection but were mitigated by injection of 2 mg/kg dexamethasone 1 h prior to enzyme infusion, prior to the subsequent injections. Based on ELISA data, treated mice can be divided into two groups: those with or without high anti-IDUA levels. However, no significant difference in enzyme activity, GAG accumulation or performance in behavior tests was observed between these two groups.

![Fig. 4. Secondary storage material GM3-ganglioside was reduced in the hippocampus region of treated MPS I mice (Red: GM3; Blue: DAPI).](image-url)
4. Discussion

4.1. Limitations of ERT

Progressive neurodegeneration in MPS I patients is a devastating feature leading to dramatic intellectual impairment. ERT has already been used in clinical application for treating MPS I and other lysosomal diseases. Delivery of infused enzymes to lysosomes is mediated by MR on macrophages or ubiquitously expressed M6PR. A previous study in mice has shown that M6PR-mediated transcytosis in the BBB is down-regulated after two weeks of life [2]. As a result, although ERT can achieve significant visceral storage reduction, neurological improvements are thought to be negligible. It has been a long-held dogma that the BBB prevents the transit of lysosomal enzymes from the blood to the interstitial space surrounding neuronal and glial cells of the CNS. Any means of delivering enzyme across the BBB would be of major clinical significance.

In this study of high-dose ERT, the most corrective effect was achieved in liver and spleen, which took up the majority of infused IDUA, as shown by IDUA enzyme assays. The IDUA enzyme activity in brain cortex reached 50% of that in wild-type mice. Considering the fact that only a small amount of IDUA can make a great difference in patients, this significant increase in the CNS has promise of providing therapeutic benefits [22–24]. Consistent with this observation, total GAG accumulation in brain cortex was reduced after 4 injections. Further, behavior analysis showed that even when the CNS impairment is clearly manifested, high-dose ERT can be effective in preventing and possibly correcting this impairment.

4.2. Analysis of mechanism

Less than 200 μL of laronidase was administered by the tail vein, ruling out the possibility of passage of enzyme through the blood-brain barrier as the result of a hydro-dynamic effect resulting from the rapid injection of a large volume of enzyme solution. Also, blood from each mouse was collected right before sacrifice, and plasma IDUA enzyme levels in treated mice were approximately 0 (data not shown). This result excludes the possibility of blood contamination of the brain. Furthermore, although we could not directly visualize IDUA in brain sections with antibody staining (data not shown), increased enzyme activity, decreased GAG concentrations, and decreased GM3-ganglioside suggest that infused IDUA reached the CNS tissue.

The mechanism by which intravenous IDUA transits across the BBB and reaches the brain remains an open question at present. One possibility may be fluid-phase pinocytosis. This type of uptake is strictly dependent on concentrations and is relatively slow. High-dose ERT can lead to a high enzyme level in blood, which makes it possible for fluid-phase pinocytosis to be effective. Another possibility is the extracellular pathway which has been shown to allow small amounts of molecules as large as albumin to cross the BBB [25]. Also, there exists the possibility that residual M6PR or other uncharacterized receptors more efficiently facilitate the transit of IDUA in the context of high plasma enzyme levels. However, we cannot rule out the possibility that the integrity of the BBB in MPS I mice might be impaired by disease-related factors. Identifying the mechanism of delivery of IDUA to brain may suggest strategies to enhance the process and make ERT for CNS disease reduction a more realistic goal.

4.3. Implications and future directions

The inability of normal-dose ERT to correct pathology within the CNS may be due to multiple factors: 1) other tissues, e.g. liver and spleen, internalizing most of the infused IDUA, preventing sufficient enzyme delivery to the CNS; 2) antibody binds the infused IDUA, further reducing the efficiency of delivery to the CNS. Several high-dose ERT studies have been conducted in other lysosomal disease animal models. Most studies showed a surprising enzyme delivery to the CNS (results summarized in Table 1), indicating that the BBB is not impermeable to infused enzymes. Therefore, it is a matter of ‘inefficiency’ rather than an insurmountable obstacle. The inefficiency of the CNS delivery in normal-dose ERT may be circumvented by high-dose ERT.

High humoral immune response against IDUA was identified in treated mice by ELISA. In spite of high anti-IDUA antibody levels, significant increase in IDUA enzyme activity was observed and GAG accumulation was reduced. In fact, a recent study showed that development of antibodies to IDUA negatively correlates with improvement in performance on
behavioral tests in murine MPS I [26]. It will be interesting to see whether infused IDUA can efficiently cross the BBB in immuno-tolerant or immuno-deficient animals. In addition, minimizing the immune response, perhaps by modifying the epitopes of IDUA enzyme, might be a promising future direction.

4.4. Significance

A recent murine study, using 1.2 mg/kg dose every 2 weeks (equivalent to clinical standard dose 0.58 mg/kg per week) achieved GAG reduction in brain and neurological improvements [26]. Similarly, a canine study showed that dogs treated from birth with ERT (0.58 to 1.57 mg/kg) also led to reduction of GAG accumulation in the brain [27]. This study, for the first time, assessed repeated high-dose ERT in MPS I mice. Using a 20-fold dose (11.6 mg/kg) compared to the generally accepted therapeutic dose in people, may not be applicable to patients considering the cost and increased immune response. However, it has been suggested that dose conversion using body surface area (BSA) instead of body weight is more appropriate [28]. According to a formula provided by the Food and Drug Administration [29], 11.6 mg/kg in this murine study would be approximately 0.94 mg/kg in adults, which is not a great increase from the standard dose (0.58 mg/kg). These facts make this study more meaningful in terms of potential clinical application: only a small increase in dose may make a great difference. These results provide the proof of principle: when the enzyme level is high enough, a small amount of IDUA can cross the BBB of adult animals, and provide neurological benefits. Although intranasal [30], intraventricular [18], and intrathecal [31,32] administration of enzyme or gene vector has produced neurological improvements, these strategies are limited by their invasive nature. The best therapeutic strategy might be the one that delivers enzyme uniformly to the brain. Considering the fact that each neuron is estimated to be approximately 15 μm from blood vessels, the bloodstream would be an ideal conduit for enzyme delivery.

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